

Emmanuel Episcopal Church  
Wakefield, Massachusetts  
The First Sunday in Lent



March 9, 2025  
10:00 AM

**HOLY EUCHARIST RITE II  
WITH GREAT LITANY**

**Welcome to Emmanuel Episcopal Church, Wakefield, MA**  
***Belong, Be Loved, Flourish!***

We are thrilled that you are here to worship with us today! Indeed, we welcome every person without exception in the name of Jesus Christ. You *belong* here and are an essential part of our family. We celebrate that you are *beloved* by God. We strive to “love God and love our neighbor,” affirming that God created us for a relationship that leads to all creation *flourishing*. We pray you are drawn to healing and joy by being here today.

If this is your first time with us or your first time back in a while, please fill out the visitor’s card in the pew or the Narthex (the entrance hall). We are a friendly family, so please introduce yourself to everyone, especially our rector, Reverend Brett.

**A Note about Communion**

The most important thing to know is that *you are welcome*. God invites you to be fed. All are welcome at the altar rail. Please let an usher know if you cannot come forward, and we will come to you.

The options for receiving wine include the chalice or intinction (dipping cup, a separate cup). In our tradition, we believe that taking communion in one kind – taking the bread – bestows the full benefit of the sacrament. Therefore, you may choose not to take the wine. If you would not like to receive, we encourage you to come forward, cross your arms across your chest, and allow the clergy to bless you. We offer consecrated gluten-free wafers and a non-alcohol alternative; simply let the clergy know.

Remember: this is God’s table and you are welcome to meet God here!

**A Note about Children**

We *love* all our children. Most Sundays, we have childcare for the littlest ones alongside our Kids’ Club in their special place off the Parish Hall. We encourage your children to gather with their peers there, guided by our team of leaders. Once a month, usually the first Sunday, our children join us in the sanctuary to lead us as ushers and readers and assist Rev. Brett at the altar during Communion.

All children are welcome in the sanctuary! We ask that their big people help to teach them that this is a sacred space for quiet play and quiet voices. This helps ensure we honor those who need to worship in quiet.

WELCOME

THE GREAT LITANY (adapted from *Enriching Our Worship*)  
(the congregation kneels or stands in an attitude of prayer)

I.

The congregation will sing the bolded responses



Holy God, Creator of heaven and earth,

**Have mercy on us.**

Holy and Mighty, Redeemer of the world,

**Have mercy on us.**

Holy Immortal One, Sanctifier of the faithful,

**Have mercy on us.**

Holy, blessed and glorious Trinity, One God,

**Have mercy on us.**

III.

The congregation will sing the bolded responses



Hear our prayers, O Christ our God.

**Hear us, O Christ.**

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

**Hear us, O Christ.**

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

**Hear us, O Christ.**

Enlighten your bishops, priests and deacons especially Sean our Presiding Bishop, and Julia our Bishop with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

**Hear us, O Christ.**

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

**Hear us, O Christ.**

Bring into the way of truth all who have erred and are deceived.

**Hear us, O Christ.**

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

**Hear us, O Christ.**

V.

Comfort and liberate the lonely, the bereaved and the oppressed.

**Hear us, O Christ.**

Keep in safety those who travel and all who are in peril.

**Hear us, O Christ.**

Heal the sick in body, mind or spirit especially those on our parish prayer list and provide for the homeless, the hungry and the destitute.

**Hear us, O Christ.**

Guard and protect all children who are in danger.

**Hear us, O Christ.**

Show your compassion on prisoners, hostages and refugees, and all who are in trouble.

**Hear us, O Christ.**

Forgive our enemies, persecutors and slanderers, and turn their hearts.

**Hear us, O Christ.**

Hear us as we remember those who have died especially Margery and Thomas Clague and Robert E. and Claire E. Tyler in whose loving memory the altar flowers are given today and grant us with them a share in your eternal glory.

**Hear us, O Christ.**

VI.

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

TRISAGION #S102 *Holy God* (sung 3x)

Ho - ly God, Ho - ly and Might - y,

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Music: Ver. *Hymnal 1982*, after Alexander Archangelsky (1846-1924). Setting: Copyright © Church Publishing Inc.

COLLECT OF THE DAY

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray together.

**Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

**FIRST LESSON: DEUTERONOMY 26:1-11**

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and

the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

The Word of the Lord.

*People:* **Thanks be to God.**

PSALM 91:1-2, 9-16

*The Psalm will be sung by the choir.*

1 He who dwells in the shelter of the Most High, \*  
abides under the shadow of the Almighty.

2 He shall say to the Lord,  
"You are my refuge and my stronghold, \*  
my God in whom I put my trust."

9 Because you have made the Lord your refuge, \*  
and the Most High your habitation,

10 There shall no evil happen to you, \*  
neither shall any plague come near your dwelling.

11 For he shall give his angels charge over you, \*  
to keep you in all your ways.

12 They shall bear you in their hands, \*  
lest you dash your foot against a stone.

13 You shall tread upon the lion and adder; \*  
you shall trample the young lion and the serpent under your feet.

14 Because he is bound to me in love,  
therefore will I deliver him; \*  
I will protect him, because he knows my Name.

15 He shall call upon me, and I will answer him; \*  
I am with him in trouble;  
I will rescue him and bring him to honor.

16 With long life will I satisfy him, \*  
and show him my salvation.

SECOND LESSON: ROMANS 10:8b-13

"The word is near you,  
on your lips and in your heart"

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

The Word of the Lord.

People: **Thanks be to God.**

SEQUENCE HYMN #121 vs. 1,3&4

*Christ, when for us you were baptized*

1 Christ, when for us you were bap - tized, God's Spi - rit on you came,  
2 God called you his be - lov - ed Son, called you his ser - vant true,  
3 Straight - way and stead-fast un - til death you then o - beyed his call  
4 Bap - tize us with your Spi - rit, Lord, your cross on us be signed,

as peace - ful as a dove and yet as ur - gent as a flame.  
sent you his king - dom to pro - claim, his ho - ly will to do.  
free - ly as Son of Man to serve and give your life for all.  
that, like - wise in God's ser - vice we may per - fect free - dom find.

Words: F. Bland Tucker (1895-1984), rev. Copyright © The Church Pension Fund. Music: *Caitness*, melody from *The Psalms of David in Prose and Meeter*, 1635; harm. *The English Hymnal*, 1906.



GOSPEL LESSON: LUKE 4:1-13

*Celebrant:* The Holy Gospel of our Lord, Jesus Christ,  
according to Luke.

*People:* **Glory to you, Lord Christ.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

Worship the Lord your God,  
and serve only him."

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you,  
to protect you,'

and

'On their hands they will bear you up,  
so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

*Celebrant:* The Gospel of the Lord.

*People:* **Praise to you, Lord Christ.**

## NICENE CREED

BCP 358

We believe in one God, the Father, the Almighty maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## THE PEACE

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*Celebrant:* Christ is already here making peace among us.  
The Peace of Christ be always with you.

*People:* **And also with you.**

*The community shares a sign of peace.*

## ANNOUNCEMENTS

### THE OFFERTORY

The word is near you, on your lips and in your heart. Offer to God a sacrifice of thanksgiving and make good your vows to the Most High.

### OFFERTORY ANTHEM *Hide Not Thou thy face*

Richard Farrant (d 1580)

*Hide not thou thy face from us, O Lord,  
and cast not off thy servant in thy displeasure;  
for we confess our sins unto thee  
and hide not our unrighteousness.  
For thy mercy's sake,  
deliver us from all our sins.*

### DOXOLOGY (all singing)

Old 100th

***Praise God from whom all blessings flow;  
praise God, all creatures here below;  
Praise God above, ye heavenly host;  
praise Father, Son, and Holy Ghost.***

### THE GREAT THANKSGIVING - EUCHARISTIC PRAYER A

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*Celebrant:* The Lord be with you.

*People:* And also with you.

*Celebrant:* Lift up your hearts.

*People:* We lift them to the Lord.

*Celebrant:* Let us give thanks to the Lord our God.

*People:* It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and every- where to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS #S124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

*The people stand or kneel.*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he

broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People:*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say, **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

# THE BREAKING OF THE BREAD

Christ our Passover is sacrificed for us;  
Therefore let us keep the feast.

## AGNUS DEI #S161

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

The Gifts of God for the People of God.

Take them in remembrance that Christ lived, died, and rose again  
for you, and feed on him in your hearts by faith, with thanksgiving.

## COMMUNION

*All are invited to come forward to receive communion or a blessing.*

*Prayers for healing are also offered.*

*Choir members will receive communion first.*

*Please stay seated until you are invited forward by the usher,  
beginning from the back of the church.*

COMMUNION HYMN #142 *Lord, who throughout these forty days*

1 Lord, who through-out these for - ty days for us didst fast and pray,  
 2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,  
 3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,  
 4 And through these days of pen - i - tence, and through thy Pas - sion - tide,  
 5 A - bide with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.  
 2 O give us strength in thee to fight, in thee to con - quer sin.  
 3 to die to self, and chief - ly live by thy most ho - ly word.  
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.  
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898). Music: *St. Flavian*, melody from *Doy's Psalter*, 1562; adapt. and harm. Richard Redhead (1820-1901).

POST-COMMUNION PRAYER

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Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

SOLEMN PRAYER *Book of Occasional Services* (2022)

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Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. Amen.

## DISMISSAL

Priest:: Let us bless the Lord.

All: **Thanks be to God.**

## CLOSING HYMN #150 *Forty days and forty nights*

The image shows a musical score for a hymn. It consists of two systems of music. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is one flat (B-flat), and the time signature is 4/4. The lyrics are printed below the vocal line. The first system covers the first five lines of lyrics, and the second system covers the next five lines. The music is written in a simple, hymn-like style with block chords and a steady rhythm.

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
2 Should not we thy sor - row share and from world - ly joys ab - stain,  
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Words: George Hunt Smytten (1822-1870), alt. Music: *Aus der Tiefe rufe ich*, melody att. Martin Herbst (1654-1681), alt.; harm. William Henry Monk (1823-1889).

**Please join us after the service for coffee hour in the parish hall  
hosted by Lisa Ventura.**

*This month's coffee hour recipient is the Wakefield Veterans Relief Fund.*

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## PARTICIPANTS IN TODAY'S SERVICE

Celebrant:	The Rev. Brett R. Johnson
Organist & Music Director	Luca Cantone
Lector:	Audra Bartz
Eucharistic Ministers:	Amy Walsh and Dawn Jackson
Usher:	Eric Dannenberg
Altar Guild:	Denise Mallen, Nicole Russo and Amy Walsh
Vestry Greeter:	Nikki Nash-MacIsaac
Streaming Coordinator:	Gail Matthews-DeNatale
YouTube Editor:	Kim Collins
YouTube Scheduler:	Denise Mallen



*The altar flowers are given to the Glory of God and in loving memory  
of Margery and Thomas Clague and Robert E. and Claire E. Tyler  
by Vicky Hutchens.*

## PARISH PRAYER LIST

We pray for healing for those on the parish prayer list, including:  
Allison, Phoebe Babb, Kristin Baird, Bruna, Heather Cameron,  
Cathie Cardelucci, Lydia Cedrone, Mary Collins, Ann Daily, Dave,  
John DeNatale, Peggy Downs, Jonathan English, David Fieldhouse,  
Claudette Forss, Connor Gallagher, Kristen Goddard, Louise  
Haldeman, Lester Hartman, Karen Dodd Howard, Jeffrey, Pete  
Jeffrey, Jack Jephson, Jerry, Jordan, Debra Katt-Lloyd, John &  
Theresa Kelly, Kevin MacKenzie, Keith & Joanne Manville, Mark  
Martino, Don McCarter, Melissa, Becky Miller, Sebastian Miller,  
Jim & Sara Murphy, T.A.N, Steve Newman, Jim O'Reilly, Emma  
Parese, Pat & Joe, Jane Pennacchia, Muriel Peters, Kirk Ronaldson,  
Cheryl Santarelli, Linda Shapiro, Carol Slaughter, Trudy, Bill & Jan  
Walsh, Jane Wilkins and Kelly Wood.

## HEALING PRAYER OFFERED EVERY SUNDAY DURING LENT

Mary Muir will be available on all Sunday's during Lent as a healing prayer resource at a prayer station to the left of the main altar after both the 8:00 a.m. and 10:00 a.m. services and during communion at the 10:00 a.m. service. With all the world challenges and stress in our own lives, Healing Prayer is a powerful response. Many are feeling overwhelmed and without a sense of hope and inner peace. There is something we can do to release the stress impact and find healing, hope, encouragement and connection. Since early Christianity, healing prayer's purpose is a practical way to bring these concerns and challenges to God through the power of the Holy Spirit.

Just answer one question: *What is something on your mind and heart today you would like to bring to the Holy Spirit for Healing?* The healing prayer minister then offers compassionate prayer support by offering a short intercessory prayer on your behalf.

## LENT-TO-EASTER DEVOTIONAL

Rev. Brett has ordered copies of *The Road to Joy: A Lent-to-Easter Devotional*. If any parishioner is interested in following this path with him, please pick up a copy in the Narthex.

## WAKEFIELD FOOD PANTRY

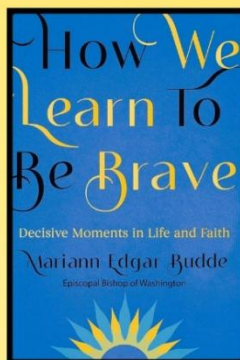
The Wakefield Food Pantry most needed items for the month of March are: boxed pasta (not elbows) and spaghetti sauce.

*If you would like to give to the ministries  
of Emmanuel Episcopal Church,  
please use this QR code*





Bishop Mariann Edgar Budde



## A LENTEN BOOK STUDY

facilitated by Nicole Russo and Deb Plummer

### **Finding Courage in Uncertain Times**

**Mondays**  
**March 10 to April 21**  
**7pm-7:45pm**

Via Zoom or at  
Emmanuel Episcopal  
5 Bryant Street  
Wakefield MA

RSVP TO  
eecw@verizon.net

**All are welcome.**

Bishop Mariann Edgar Budde is no stranger to standing firm in the face of adversity. With calm, fearless truth, she spoke out against President Trump and continues to be a force for justice, faith, and resilience. In *How to Learn to Be Brave*, she invites us to tap into the strength we've built through our lived experiences and use it to face today's challenges with clarity and conviction.

Join us for a thought-provoking discussion on how we can harness our inner resources—faith, wisdom, and community—to step forward with courage in an unpredictable world.

**Come as you are—ready to listen, learn and step into courage!**

Please purchase the book and read the first two chapters if you are able (not required). If you are having trouble purchasing the book, an e-book version is available on Amazon to download.

We will meet in-person in the Choir Room at the church or on Zoom. The Zoom link will be sent out on Monday.



## Join Us for a Two-Part Soul Supper Series

### **“From Gifted to Giver - An Emmanuelite's Journey”**

Over two inspiring evenings, we'll reflect on how God's presence is revealed through the unique talents, experiences, and blessings in our lives and how these insights guide us to live out our baptismal covenant, serving others and honoring the divine in all creation.

Come ready to grow, reflect, and connect with fellow Emmanuelites as we uncover pathways to greater purpose and deeper faith.

**February 13th & March 13th**

**Supper at 6:00 p.m. Learning from 6:45-7:30 p.m.**

**Led by Dr. Brian Litzenberger**

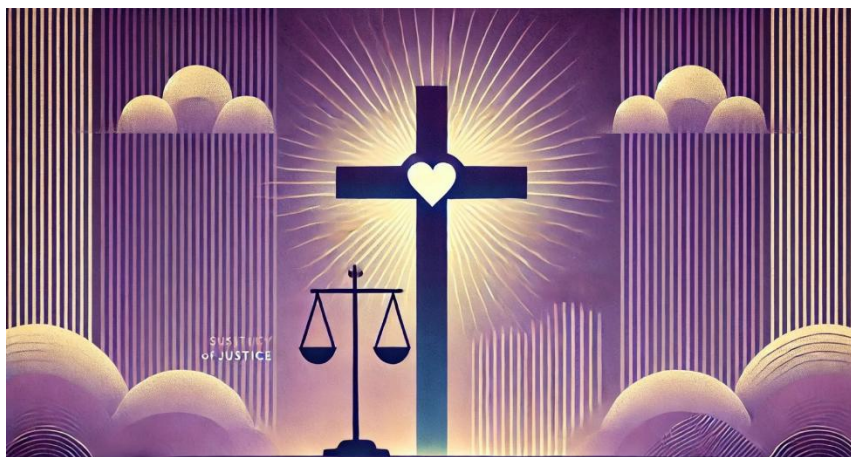


Brian is a licensed clinical psychologist specializing in anxiety, depression, adolescent and young adult mental health, life transitions, parenting, trauma, and spiritual growth. With offices in Worcester and Cambridge, he brings a deep commitment to helping people uncover their true selves and build positive futures. A person of faith, Brian values deep connections and the transformative power of conversation.

 **Open to all - bring an open heart and a curious spirit!**

[www.EmmanuelWakefield.org](http://www.EmmanuelWakefield.org)

**We are looking for people to help with the dinner.  
Can you make a salad, bring dessert, drinks or order a pizza?  
Many hands make light work! If you are able to help, please  
contact Lisa in the office.**



## REPENTANCE AS RESISTANCE

A Lenten Quiet Day with Steve Garnaas-Holmes

*How to cultivate a heart ready  
for transformative resistance.*

**APRIL 5TH  
9AM TO 2:30PM**

Emmanuel Episcopal  
5 Bryant Street  
Wakefield MA

RSVP TO  
[eecw@verizon.net](mailto:eecw@verizon.net)

**All are welcome.**

Lent invites us to reflect on both personal and communal sin. This retreat will explore how Jesus calls us to repentance—not just as individuals, but as a community shaped by unjust systems.

Through scripture, prayer, and reflection, we'll consider how Jesus resisted the temptations of power and confronted injustice, showing us how repentance can transform our hearts and the world around us.

**Come as you are—ready to reflect, pray, and grow.**

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## UPCOMING OPPORTUNITIES TO GATHER

**Monday, March 10th** Lenten Book Study begins on Zoom  
*How We Learn To Be Brave* by Bishop Budde  
7:00 p.m. – 7:45 p.m.  
Facilitated by Debra Plummer & Nicole Russo  
Please purchase the book and let the office  
know if you plan to attend: [eecw@verizon.net](mailto:eecw@verizon.net)

**Thursday, March 13<sup>th</sup>** Soul Supper “From Gifted to Giver” Part Two  
6:00 p.m. Supper & 6:45 p.m. Session  
Led by Dr. Brian Litzenberger

### **PLEASE NOTE THE DATE CHANGE:**

**Saturday, April 5<sup>th</sup>** Lenten Quiet Day at Emmanuel  
9:00 a.m.- 2:30 p.m.  
Led by Steve Garnaas-Holmes  
Please RSVP to: [eecw@verizon.net](mailto:eecw@verizon.net)

**PARISH SCHEDULE**  
**WEEK OF MARCH 9, 2025**

Sunday, March 9	8:00 AM	Holy Eucharist, Rite I
	9:00 AM	Coffee Hour
	9:00 AM	Choir Rehearsal
	9:45 AM	Kids' Club
	9:45 AM	Nursery Care
	10:00 AM	Holy Eucharist, Rite II
	11:00 AM	Coffee Hour
	12:00 noon	Inquirers' Class
Monday, March 10	6:00 PM	Fundraising Committee
	7:00 PM	Buildings & Grounds
	7:00 PM	Lenten Book Study - Zoom <i>How We Learn To Be Brave</i>
Tuesday, March 11	4:30 PM	Canterbury Exec. Comm.
	6:00 PM	Lectionary Bible Study
	7:00 PM	Choir Rehearsal
	7:00 PM	Altar Guild Meeting
Wednesday, March 12	3:00 PM	Wardens Meeting
	6:00 PM	Evening Prayer
Thursday, March 13	6:00 PM	Soul Supper
Sunday, March 16	8:00 AM	Holy Eucharist, Rite I
	9:00 AM	Coffee Hour
	9:00 AM	Choir Rehearsal
	9:45 AM	Kids' Club
	9:45 AM	Nursery Care
	10:00 AM	Holy Eucharist, Rite II
	11:00 AM	Coffee Hour
12:00 Noon	Inquirers' Class	



### OUR MISSION:

Emmanuel Episcopal Church is a diverse, inclusive, and welcoming community dedicated to spiritual growth through worship and education for adults and children.



### OUR VISION:

Emmanuel embodies Christ's light in service to all. Here, through God's love and grace, all are accepted, purpose is found, and together we flourish.



Bishop Diocesan: The Rt. Rev. Julia Whitworth

Rector: The Rev. Brett R. Johnson 978-206-1788

Organist and

Music Director Luca Cantone 332-209-8432

Co-Warden: Kim Collins 339-224-8455

Co-Warden: Beth Martin 781-308-3474

Please be advised that our services are live streamed on our YouTube channel. Your participation in the service serves as your consent to the broadcast of your image and voice and to the broadcast of the image and voice of your participating minor children.

### Land Acknowledgement

We acknowledge that Emmanuel sits on the traditional land of the Alquonuian-speaking Pawtucket tribe. We are grateful to these caretakers of the land and waters: the elders who lived before, the Indigenous people today, and the generations to come. We are guests on this land and have used it and its people for our betterment, often at their expense. We commit to doing our part to become better stewards of this land, understanding the impact of present and past exploitation, and working toward a more just and equitable future.

Emmanuel Episcopal Church

5 Bryant Street Wakefield MA 01880  
[www.EmmanuelWakefield.org](http://www.EmmanuelWakefield.org)