

Emmanuel Episcopal Church
Wakefield, Massachusetts

The Third Sunday in Lent
*Commemorating International
Women's Day*



March 8, 2026
10:00 AM

HOLY EUCHARIST RITE II

Welcome to Emmanuel Episcopal Church, Wakefield, MA
Belong, Be Loved, Flourish!

We are thrilled that you are here to worship with us today! Indeed, we welcome every person without exception in the name of Jesus Christ. You ***belong*** here and are an essential part of our family. We celebrate that you are ***beloved*** by God. We strive to “love God and love our neighbor,” affirming that God created us for a relationship that leads to all creation ***flourishing***. We pray you are drawn to healing and joy by being here today.

If this is your first time with us or your first time back in a while, please fill out the visitor’s card in the pew or the Narthex (the entrance hall). We are a friendly family, so please introduce yourself to everyone, especially our rector, Reverend Brett.

A Note about Communion

The most important thing to know is that *you are welcome*. God invites you to be fed. All are welcome at the altar rail. Please let an usher know if you cannot come forward, and we will come to you.

The options for receiving wine include the chalice or intinction (dipping cup, a separate cup). In our tradition, we believe that taking communion in one kind – taking the bread – bestows the full benefit of the sacrament. Therefore, you may choose not to take the wine. If you would not like to receive, we encourage you to come forward, cross your arms across your chest, and allow the clergy to bless you. Our Altar Bread is Gluten Free. We also offer a non-alcohol alternative to the wine; simply let the clergy know. Remember: this is God’s table and you are welcome to meet God here!

A Note about Children

We *love* all our children. Most Sundays, we have childcare for the littlest ones alongside our Kids’ Club in their special place off the Parish Hall. We encourage your children to gather with their peers there, guided by our team of leaders. Once a month, usually the first Sunday, our children join us in the sanctuary to lead us as ushers and readers and assist Rev. Brett at the altar during Communion.

All children are welcome in the sanctuary! We ask that their big people help to teach them that this is a sacred space for quiet play and quiet voices. This helps ensure we honor those who need to worship in quiet.

As we prepare our hearts for worship, we kindly ask that you please silence your cell phones. Thank you.

PRELUDE *Attende Domine (The Lent Prose)*

Jeanne Demessieux
(1921-1968)

*The congregation is invited to rise at the sound of the bell
for a silent procession.*

SILENT PROCESSION

INTROIT *O Lord, support us all the day long*

Gertrude Mellett
(1901-1995)

*O Lord, support us all the day long,
until the shadows lengthen and the evening comes,
and the busy world is hushed,
and the fever of life is over, and our work is done.
Then in thy mercy grant us a safe lodging,
and a holy rest, and peace at the last. Amen.*

OPENING ACCLAMATION

Celebrant: Bless the Lord who forgives all our sins.

People: His mercy endures for ever.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name: through Christ our Lord. Amen.

TRISAGION #S102 *Holy God* (sung 3x)

The musical notation consists of two staves. The top staff is in treble clef with a key signature of one flat (B-flat). It features a series of chords and intervals, with some notes beamed together. The bottom staff is in bass clef with the same key signature. It features a series of notes, some with stems pointing up and some with stems pointing down, indicating a bass line. The lyrics are placed between the two staves.

Ho - ly God, Ho - ly and Might - y,

The image shows a musical score for a hymn. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature is one flat (B-flat), and the time signature is common time (C). The melody is written in the treble staff, and the bass line is in the bass staff. The lyrics are written below the treble staff. The lyrics are: "Ho - ly Im - mor - tal One, Have mer - cy up - on us." The music is a simple, hymn-like setting with a steady rhythm.

Music: Ver. *Hymnal 1982*, after Alexander Archangelsky (1846-1924). Setting: Copyright © Church Publishing Inc.

COLLECT OF THE DAY

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray together.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

FIRST LESSON: EXODUS 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and

take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, “Is the Lord among us or not?”

The Word of the Lord.

People: **Thanks be to God.**

PSALM 95

The Psalm will be sung by the choir.

- 1 Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- 3 For the Lord is a great God, *
and a great King above all gods.
- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,
as your forebears did in the wilderness, *

at Meribah, and on that day at Massah,
when they tempted me.

9 They put me to the test, *
though they had seen my works.

10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."

11 So I swore in my wrath, *
"They shall not enter into my rest."

SECOND LESSON: ROMANS 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person~ though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

People: **Thanks be to God.**

SEQUENCE HYMN #142 vs. 1&3 *Lord, who throughout these forty days*
 words by Claudia Frances Hernaman (1838-1898)

1 Lord, who through-out these for - ty days for us didst fast and pray,
 2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
 3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
 4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
 5 A - bid - e with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.
 2 O give us strength in thee to fight, in thee to con - quer sin.
 3 to die to self, and chief - ly live by thy most ho - ly word.
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bid - e.
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898). Music: *St. Flavian*, melody from *Day's Psalter*, 1562; adapt, and harm. Richard Redhead (1820-1901).

GOSPEL LESSON: JOHN 4:5-42

Celebrant: The Holy Gospel of our Lord, Jesus Christ, according to John.

People: **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink

of me, a woman of Samaria?” (Jews do not share things in common with Samaritans.) Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.”

Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.”

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or,

“Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Celebrant: The Gospel of the Lord.
People: **Praise to you, Lord Christ.**

SERMON

KAREN AALTO

NICENE CREED

The Rev. Dr. Wilda Gafney

We believe in one God,
Mother and Father, Sovereign and Almighty,
maker of the heavens and the earth,
of all that is, seen and unseen.
We believe in one Redeemer, Jesus Christ,
the only Son of God,
eternally begotten of the Mother,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through whom all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Sovereign.
He will come again in glory to judge the living and the dead,
and his dominion will have no end.
We believe in the Holy Spirit, the Lord, the giver of life.
With the Father and the Son She is worshiped and glorified.
She has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

At the Parish Prayer List of names, the congregation is invited to repeat each name after the Litanist holding in sacred trust those who have asked us for prayer.

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world. O God of our salvation, our hearts cry out to you, for all those in the path of political violence, both here and across the globe. Intercede, we pray, and show us a path toward peace for all people.

For all who work for justice, freedom, and peace.

For the just and proper use of your creation. We also ask for ourselves that you strengthen our resolve to counter the sins of racism, anti-Semitism, Islamophobia, and misogyny, as well as thoughts and actions against members of immigrant and LGBTQ+ communities, eliminate the proliferation of assault weapons, and provide healing and support for those experiencing loneliness and mental health challenges in our nation.

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Sean our Presiding Bishop, Julia our Bishop; Mary and Ian our Assisting Bishops and for all bishops and other ministers. Merciful God, in the Diocesan Cycle of Prayer we pray for the following

churches of the Cape & Islands Deanery: St. Christopher's Church, Chatham; St. Andrew's Church, Edgartown; St. Peter's Church, Osterville; and Union of Black Episcopalians.

For all who serve God in God's Church.

For the special needs and concerns of this congregation. We pray especially for those on our parish prayer list: John Aalto, Donna Boudreau, Debbie Bourne, Evelyn Bourne, Peter Brown, Lydia Cedrone, Wallie Cook, Jacob DeCarlen-Bumiller, John and Richard DeNatale, Peggy Downs, Matthew Dyer, David Fieldhouse, Michael Flynn, Connor Gallagher, Mary Gasson, Kristen Goddard, Louise Haldeman, Heidi, Karen Dodd Howard, JD, CJ, Jack Jephson, Ted Jobe, Ginny Johnson, Tim Kelsey, Kevin, Larry, Ken Leach, Kevin MacKenzie, Keith Manville, Mark Martino, Don McCarter, Sara Murphy, Neil, Gayle Gammon Nelson, Steve Newman, Judith Oder, Jim O'Reilly, Joe, Jane Pennacchia, Muriel Peters, Dustin Pollard, JP Quinn, Susan Quinn, Rebecca, Linda Russo, Trudy, Vanessa, Amy Walsh, Bill & Jan, Vicky Wegweiser, Kelly, and Alan Wright.

Silence

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life. Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them and love one another as he loves us. Today we celebrate the three-year anniversary of Rev. Brett with Emmanuel and in whose honor the altar flowers are given today and we also pray for Ruth's Way for Women, our coffee hour recipient this month.

Silence

Lord, in your mercy

Hear our prayer.

Silence

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom. We especially remember Carol Lynch, mother of Beth Martin and Dave McGee, friend of Mary Muir; both who passed away this past week.

Silence

Lord, let your loving-kindness be upon them;
Who put their trust in you.

Grant, O God, that all may recognize women as equal partners in creation and prophesy. By the grace of the Holy Spirit, empower women at home, at work, in government, and in the hierarchies of churches, temples, mosques, synagogues, and all other places of worship. Provide safety and protection, O gracious Divinity, and inspire just laws against all forms of violence against women. We ask this through Christ our Savior, **Amen.**

Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and for ever. **Amen.**

Celebrant: Hasten, O Father, the coming of your kingdom; and grant that we your servants, who now live by faith, may with joy behold your Son at his coming in glorious majesty; even Jesus Christ, our only Mediator and Advocate. **Amen.**

CONFESSION

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Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

ABSOLUTION

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Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

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Celebrant: Christ is already here making peace among us.
The Peace of Christ be always with you.

People: **And also with you.**

The community shares a sign of peace.

ANNOUNCEMENTS

THE OFFERTORY

Offer to God a sacrifice of thanksgiving and make good your vows to the Most High.

OFFERTORY ANTHEM *Create a pure heart in me*

Susan Matsui
(b. 1959)

*Create a pure heart in me, O Lord.
Grant me a new and steadfast spirit.
Do not drive me away from thy presence,
or take thy Spirit from me.*

*Revive in me the joy of deliverance,
Grant me a steady soul to uphold me.
Open thou my lips, everlasting Lord,
that my mouth may sing thy praises.*

*Thou takest no delight in sacrifice,
nor hast thou any wish for whole offering.
My sacrifice, Lord, is a broken soul,
my offering, a contrite heart.*

DOXOLOGY #143 vs.5 *The glory of these forty days* (all singing)

* 5 O Fa - ther, Son, and Spi - rit blest, to

5 thee be ev - ery prayer ad - dressed, who art in three - fold

5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. By permission of Oxford University Press. Music: *Erhalt uns, Herr*, melody from *Geistliche Leiden*, 1543; harm. Johann Sebastian Bach (1685-1750).

By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS: *Missa Deus Genitor Alme*



Hó-ly, * Hó-ly, Hó-ly Lórd Gód of hósts. Héaven and éarth are
fáll of thy gló-ry. Glóry be to thée, O Lórd most hígh. Bléssed is hé
that cómeth in the Náme of the Lórd. Ho-sán - na in the hígh-est.

The people stand or kneel.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; Lord God of our Mothers: Sarah, Rachel, and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.



Setting: Copyright © Church Publishing Inc.

Amen.

The Holy Eucharist, Conclusion of Eucharistic Prayer and Amen, #142 from The Hymnal 1982, Service Music – Setting: Copyright © Church Publishing Inc.

And now, as our Savior Christ has taught us, we are bold to say,

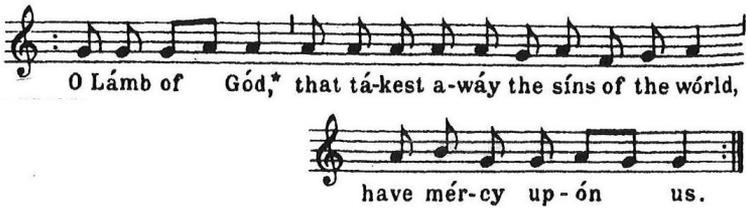
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

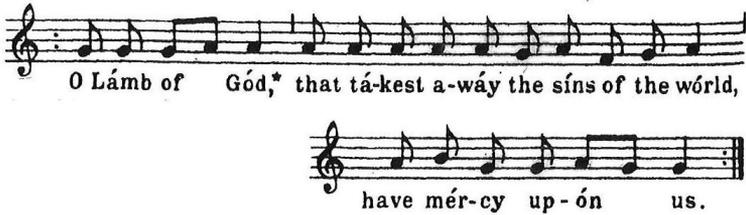
Celebrant: Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast.

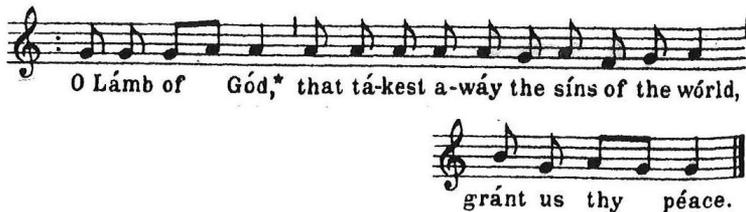
AGNUS Missa *Deus Genitor Alme*



O Lámb of Gód,* that tá-kest a-wáy the síns of the wórlđ,
have mér-cy up-ón us.



O Lámb of Gód,* that tá-kest a-wáy the síns of the wórlđ,
have mér-cy up-ón us.



O Lámb of Gód,* that tá-kest a-wáy the síns of the wórlđ,
gránt us thy péáce.

The Gifts of God for the People of God.

Take them in remembrance that Christ lived, died, and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

All are invited to come forward to receive communion or a blessing.

Our Altar Bread is gluten free.

Prayers for healing are also offered.

Choir members will receive communion first.

Please stay seated until you are invited forward by the usher, beginning from the back of the church.

COMMUNION HYMN #435 At the Name of Jesus

words by Caroline Maria Noel (1817-1877)



1 At the Name of Je - sus ev - ery knee shall bow,
2 Hum - bled for a sea - son, to re - ceive a Name
3 bore it up tri - um - phant, with its hu - man light,
4 Name him, Chris - tians, name him, with love strong as death,
* 5 In your hearts en - throne him; there let him sub - duc
* 6 Chris - tians, this Lord Je - sus shall re - turn a - gain,



1 ev - cry tongue con - fess him King of glo - ry now;
2 from the lips of sin - ners, un - to whom he came,
3 through all ranks of crea - tures, to the cen - tral height,
4 name with awe and won - der and with bat - ed breath;
5 all that is not ho - ly, all that is not true;
6 with his Fa - ther's glo - ry o'er the earth to reign;



1 'tis the Fa - ther's plea - sure we should call him Lord
2 faith - ful - ly he bore it spot - less to the last,
3 to the throne of God - head, to the Fa - ther's breast;
4 he is God the Sa - vior, he is Christ the Lord,
5 crown him as your Cap - tain in temp - ta - tion's hour;
6 for all wreaths of em - pire meet up - on his brow,



1 who from the be - gin - ning was the might - y Word.
2 brought it back vic - to - rious, when from death he passed;
3 filled it with the glo - ry of that per - fect rest.
4 ev - er to be wor - shipped, trust - ed, and a - dored.
5 let his will en - fold you in its light and power.
6 and our hearts con - fess him King of glo - ry now.

Words: Caroline Maria Noel (1817-1877), alt. Music: *King's Weston*, Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

POSTCOMMUNION PRAYER

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Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

LENTEN PRAYER *Book of Occasional Services* (2022)

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Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. **Amen.**

DISMISSAL

Seminarian: Let us go forth in the Name of Christ.
All: **Thanks be to God.**

CLOSING HYMN LEVAS #137 vs. 1, 2, & 6 *Just As I Am*
 words by Charlotte Elliott (1789-1871)

1. Just as I am, with - out one plea, But
 2. Just as I am, though tossed a - bout With
 3. Just as I am, poor, wretch - ed, blind; Sight
 4. Just as I am, thou wilt re - ceive: Wilt
 5. Just as I am, thy love un - known Has
 6. Just as I am, of thy great love The

1. that thy blood was shed for me,
 2. ma - ny-a con - flict, ma - ny-a doubt;
 3. rich - es, heal - ing of the mind,
 4. wel - come, par - don, cleansc, re - lieve,
 5. bro - ken ev - cry bar - rier down;
 6. breadth, length, depth, and height to prove,

1. And that thou bidd'st me come to thee, O
 2. Fight - ings and fears with - in, with - out, O
 3. Yea, all I need in thee to find, O
 4. Be - cause thy prom - ise I be - lieve, O
 5. Now to be thine, yea, thine a - lone, O
 6. Here for a sea - son, then a - bove: O

Lamb of God, I come, I come,

Words: Charlotte Elliott (1789-1871). Music: William B. Bradbury (1816-1868).

*The service ends in sacred silence as we go into the world
 with no organ Postlude.*

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Please join us after the service for coffee hour in the parish hall hosted by Pete McCann.

*This month's coffee hour recipient is
Ruth's Way for Women*

Ruth's Way for Women was created to walk alongside women as they heal, grow, and become the women that they were designed to be, and is dedicated to providing sober housing for women, recovery coaching, training, public speaking, and more.

Ruth's Way started in 2014, and their sober home for women opened in December 2016. Since then, over 300 women have entered their homes, located in Wakefield and Lynn.

PARTICIPANTS IN TODAY'S SERVICE

Celebrant:	The Rev. Brett R. Johnson
Organist & Music Director	Luca Cantone
Seminarian Intern:	Karen Aalto
Lector:	Chris Healy
Litanist:	Darryl Abbey
Eucharistic Minister:	Amy Walsh
Usher:	Dawn Jackson
Altar Guild:	Nicole Russo and Amy Walsh
Vestry Greeter:	Debra Plummer
Streaming Coordinator:	Dave McSweeney
YouTube Editor:	Kim Collins
YouTube Scheduler:	Denise Mallen

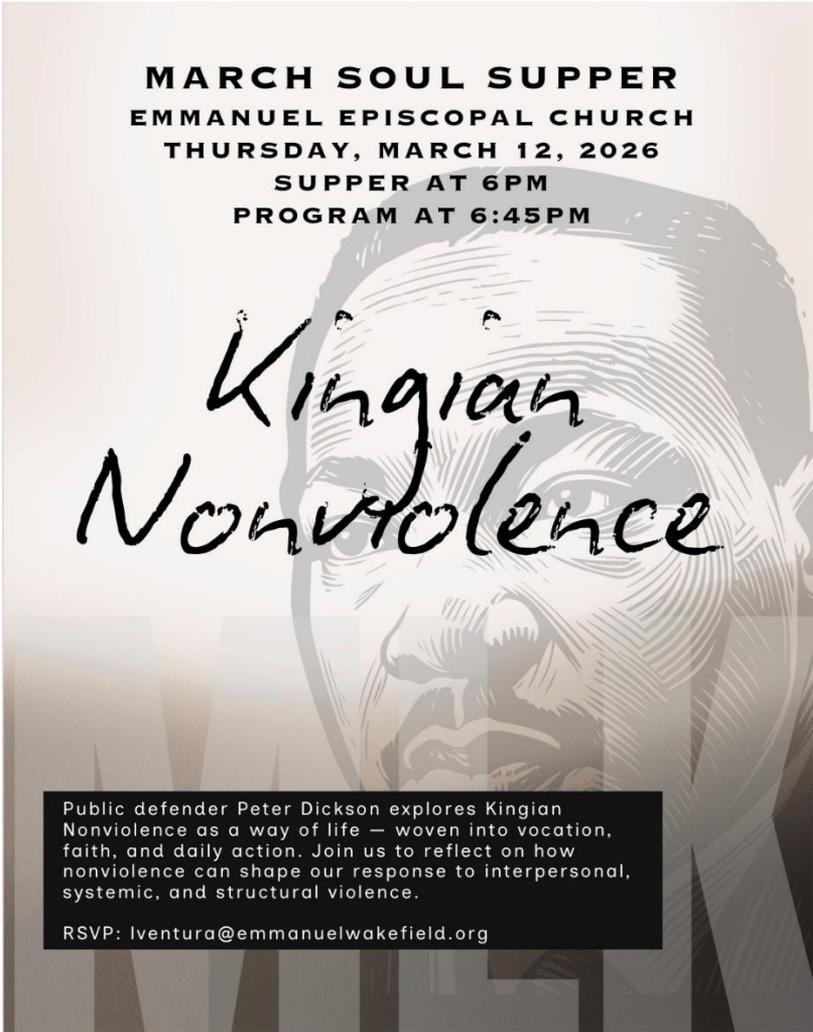


The altar flowers are given to the Glory of God in joyful celebration and thanksgiving for three blessed years of shared ministry with Rev. Brett and the Emmanuel family, with love and gratitude from Brett's family.

HEALING PRAYER OFFERED TODAY

The Prayer Team is available as a healing prayer resource at a prayer station to the left of the main altar during communion and after the service.

MARCH SOUL SUPPER
EMMANUEL EPISCOPAL CHURCH
THURSDAY, MARCH 12, 2026
SUPPER AT 6PM
PROGRAM AT 6:45PM

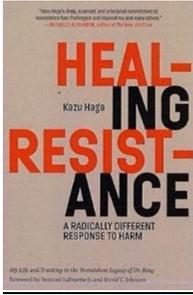


Kingian
Nonviolence

Public defender Peter Dickson explores Kingian Nonviolence as a way of life — woven into vocation, faith, and daily action. Join us to reflect on how nonviolence can shape our response to interpersonal, systemic, and structural violence.

RSVP: lvventura@emmanuelwakefield.org

Please sign up on the sheet in the Narthex or email the office. If you are able to contribute something for the dinner – main or side dish, salad, desserts or drinks, please let Lisa in office know. Thank you.



Our Lenten Book Study lead by Karen Aalto continues Monday night at 7:00 p.m. on Zoom. All are welcome to join even if you missed the prior meetings or haven't done the reading.



Join Rev. Brett and Seminarian Karen Aalto on **Sunday, March 15th** after the 10:00 AM service for a Bible Study on *Three Days that Changed Everything: Holy Week's Best-Kept Secret.*

WAKEFIELD FOOD PANTRY

The Wakefield Food Pantry most needed item for the month of March is jarred pasta sauce.



Kids Korner

Important Dates:
Sunday April 4th: Easter Sunday Service
Sunday April 19th: No Kids Club- Spring Vacation week

Announcements:
We are so excited to support our local community by hosting a hat, mitten/glove, coat drive! Living in New England, we know how important warm clothing is. Please consider donating by bringing items and leaving them in the marked box in the Narthex.
We are looking forward to planning a few community events including a visit to Brightview Senior Center, and a possible visit to the Wakefield Food Pantry. Please let us know if you would be willing to come and support our visits!

WARM CLOTHING DRIVE

Love in Action this Lent!

Kids Club is sharing God's love by collecting hats, mittens, and coats for our neighbors.

Look for the donation box in the Narthex—every gift helps warm our community.



**SUNDAYS
MARCH
8, 15, 22**



www.emmanuelwakefield.org

During this Lenten season, the Kids Club is focusing on becoming closer to God through acts of service in the community. Please join us as we collect hats, mittens, coats, and gloves for those in need. There is a box for donations in the Narthex and donations will be sent to various sites to support as many as we can in the local community.

You're Invited to

Emmanuel
Episcopal
Church

B I N G O

CASSEROLE NIGHT



03.20.2026

7 - 9 pm

\$20 pp
Kids Free

- Homemade Comfort Food
- Friendly Competition
- Great Prizes

fundraising@emmanuelwakefield.org



If you plan to attend, please send an email to fundraising@emmanuelwakefield.org to reserve your spot. There is no need to pay in advance. Thank you.

I am grateful for the Immigration Compassion Ministry—our Immigration Action team (led by Lizzy Barr and Michael Claya) and Family Preparedness Program (led by Denise Mallen)—who have spent the past year discerning how Emmanuel can respond to the needs around us. As you'll see in the Epistle, specific events are now available for your participation. If you're looking for one training that offers a comprehensive overview, I recommend this offering from Episcopal City Mission (ECM) and LUCE (The Immigration Justice Network).

ECM/LUCE TRAINING

Join us for a special training offered by Episcopal City Mission and LUCE Immigrant Justice Network on March 21, 9am-11am at Parish of the Epiphany to teach us how to move from well-intentioned neighbors to skilled allies. This training will provide essential training on de-escalation, rights-based advocacy, and the 'how-to' of protecting our immigrant neighbors in real-time so we can become a more resilient and courageous community where the dignity of every person is actively upheld. This training is not just for Epiphany, but as a resource to our deanery and diocese! If your parish is interested, let Rev. Janelle know at jhiroshige@3crowns.org and she will send you the registration link.

- ✓ **LUCE VERIFICATION TRAINING**
 - ✓ **ECM SAFETY TEAM TRAINING**
 - ✓ **GENERAL SKILLS TO PREPARE YOUR PARISH TO ACT IN COURAGE**
-



We are looking for someone to host the coffee hour on **March 15th** after the **10:00 AM service.**

If you can help, please let Colleen Moran or Lisa in the office know. Thank you.



Discipleship in Action

SPRING CLEANUP DAY!

Help the Altar Guild prepare
God's house for Easter—join
us for Spring Clean-Up Day!

SATURDAY
MARCH 28TH
9AM

PARISH SCHEDULE WEEK OF MARCH 8, 2026

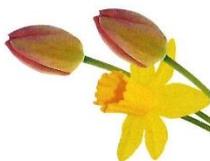
Sunday, March 8		International Women's Day
	8:00 AM	Holy Eucharist, Rite I
	9:00 AM	Coffee Hour
	9:00 AM	Choir Rehearsal
	9:45 AM	Kids' Club
	9:45 AM	Nursery Care
	10:00 AM	Holy Eucharist, Rite II
	11:00 AM	Coffee Hour
Monday, March 9	7:00 PM	Lent Book Study on Zoom <i>The 6 Principles of Nonviolence</i>
Tuesday, March 10	12 Noon	Wakefield Interfaith Clergy
	7:00 PM	Choir Rehearsal
Wednesday, March 11	2:00 PM	Wardens' Meeting
	4:00 PM	Canterbury Executive Com.
	6:00 PM	Evening Prayer
Thursday, March 12	6:00 PM	March Soul Supper
Saturday, March 14	9:00 AM	Pastoral Care Team
	1:00 PM	Rainbow Recovery
Sunday, March 15	8:00 AM	Holy Eucharist, Rite I
	9:00 AM	Coffee Hour
	9:00 AM	Choir Rehearsal
	9:45 AM	Kids' Club
	9:45 AM	Nursery Care
	10:00 AM	Holy Eucharist, Rite II
	11:00 AM	Coffee Hour
	11:45 AM	Pop-Up Bible Study - <i>Three Days that Changed Everything</i>

*If you would like to give to the ministries
of Emmanuel Episcopal Church,
please use this QR code.*



HOLY WEEK AND EASTER SERVICES

March–April 2026



PALM SUNDAY *March 29*

Blessing of Palms and
Reading of The Passion

In person 8:00 a.m.

In person and via YouTube 10:00 a.m.

HOLY WEDNESDAY *April 1*

Evening Prayer via Zoom 6:00 p.m.

MAUNDY THURSDAY *April 2*

Agape Supper 6:00 p.m.

Worship in person and via YouTube 7:00 p.m.

*Stripping of the Altar, Garden of Repose,
and Foot-Washing*

Nikki Nash MacIsaac, *Guest Preacher*

GOOD FRIDAY *April 3*

Trinity Episcopal Church/Melrose 12:00 Noon

St. Paul's Church/Lynnfield 12:00 Noon

Emmanuel Episcopal Church 7:00 p.m.

Good Friday Liturgy in person and via YouTube

Karen Aalto, *Guest Preacher*

Quiet, informal, private prayer at Emmanuel
12:00 Noon–4:00 p.m.

HOLY SATURDAY *April 4*

Great Vigil of Easter 7:00 p.m.

In person and via YouTube

EASTER DAY *April 5*

Rite I Worship with Hymns 8:00 a.m.

Rite II Festive Choral Eucharist 10:00 a.m.

In person and via YouTube

Children's Easter Egg Hunt and Festive

Brunch following the 10:00 a.m. Service

EMMANUEL EPISCOPAL CHURCH

5 Bryant Street
Wakefield, Mass.

The Rev. Brett R. Johnson
Rector

Luca Cantone
*Organist and
Music Director*

Karen Aalto
Seminarian





OUR MISSION:

Emmanuel Episcopal Church is a diverse, inclusive, and welcoming community dedicated to spiritual growth through worship and education for adults and children.



OUR VISION:

Emmanuel embodies Christ's light in service to all. Here, through God's love and grace, all are accepted, purpose is found, and together we flourish.



Bishop Diocesan: The Rt. Rev. Julia Whitworth (she/her)
 Rector: The Rev. Brett R. Johnson (he/him) 978-206-1788
 Seminarian Intern: Karen Aalto (she/her) kpaalto00@gmail.com
 Organist and Music Director: Luca Cantone 332-209-8432
 Co-Warden: Kim Collins (she/her) 339-224-8455
 Co-Warden: Beth Martin (she/her) 781-308-3474

Please be advised that our services are live streamed on our YouTube channel. Your participation in the service serves as your consent to the broadcast of your image and voice and to the broadcast of the image and voice of your participating minor children.

Land Acknowledgement

We acknowledge that Emmanuel sits on the traditional land of the Algonquian-speaking Pawtucket tribe. We are grateful to these caretakers of the land and waters: the elders who lived before, the Indigenous people today, and the generations to come. We are guests on this land and have used it and its people for our betterment, often at their expense. We commit to doing our part to become better stewards of this land, understanding the impact of present and past exploitation, and working toward a more just and equitable future.

Emmanuel Episcopal Church
5 Bryant Street Wakefield MA 01880
www.EmmanuelWakefield.org